The Pediatric Psychiatry Department

Giving adolescents a supportive place to turn to in Tel Aviv

It is unfathomable that a city the size of Tel Aviv has never had a psychiatric hospital to treat teenagers with mental, addictive, or emotional disorders. Teens needing hospitalization or day hospital services must seek care miles outside the city, which places a huge burden on their families. Wait times for admission to mental health facilities due to space limitations are unacceptable. In addition, remote hospitalization breaks the continuity of care for teens who are being treated in the local Medical Center clinic, causing potential emotional setbacks and time delays.

Closing the gap in services to help kids get the care they need

The new Pediatric Psychiatry hospital ward and day hospital aim to fill this void in care with new services focused solely on adolescents aged 12 to 18. The facility will enable teens to be treated locally with minimal transition, continuing timely therapy in the same Medical Center setting and with the same expert care team across the care continuum. This integration will maintain trusted bonds with doctors and therapists, which are essential to mental health recovery.

Youth-focused care in a setting that speaks to young people

These facilities will provide this highly vulnerable population with a range of treatments targeted to their needs, including private or group therapy; medication; and art, movement and occupational therapies. The ward will accommodate a parent to sleep in when necessary. For many adolescents, being treated close to both home and friends in an outpatient setting can help reinforce healthy relationships and routines, which are vital during times of uncertainty in their lives.

Your generosity will build a hospital inpatient ward, outpatient day hospital and outdoor recreation area, benefiting hundreds of teens every year.